

ISLAND MERMAID

Lunch Menu

appetizers

Grilled Corn & Clam ChowderCup 5.50Bowl 6.25
Clams on the Half Shell (1/2 dozen)*8.95
Jumbo Shrimp Cocktail13.95
Steamed Mussels *roasted garlic and white wine*10.25
Long Island Steamers *soft shells steamed in beer, butter & garlic* . . .12.95
Fried Calamari *served with spicy tomato dipping sauce*13.75

Buffalo Chicken Wings
with gorgonzola dipping sauce & celery9.95
Warm Spinach and Cheddar Dip
fresh spinach, vermont cheddar & artichokes9.95
Ceviche Cocktail
fresh seafood marinated in citrus & served with tortilla chips10.25

salads

Mixed Green Salad
raspberry vinaigrette, sesame ginger, honey balsamic or gorgonzola . . .6.25
Chop Salad
romaine lettuce, tomato, feta cheese & grilled chicken12.95
Mermaid "Cobb"
turkey, apple smoked bacon & cheddar cheese13.95
Classic Caesar Salad10.95
with grilled chicken13.95
with fried calamari13.95
with shrimp15.95
Fresh Fruit Plate
seasonal fruit with yogurt and homemade granola9.95

burgers & grill*

Sesame Chicken "Fingers"
honey mustard dipping sauce & curly fries11.95
Personal Pizza
mozzarella & parmesan cheeses & curly fries8.95
Grilled Chicken Sandwich
with roasted peppers, smoked mozzarella & curly fries13.95
Quesadilla
pepperjack cheeses with tomato salsa, guacamole & sour cream10.95
with grilled chicken13.95
Hamburger11.95
Cheeseburger12.95
Homemade Turkey Burger11.95
Vegetarian Burger10.95
Homemade Tuna Burger wasabi sour cream14.95
bacon1.00
wild mushrooms1.00
sauteed onions1.00
cheese1.00
all burgers 1/2 pound served with curly fries, cole slaw & pickle

wraps & paninis

Grilled Portabella Panini
with goat cheese, fresh spinach & a side salad12.95
Cuban Media Noche Panini
roast pork, muenster, pickles & side salad12.95
Tuscan Chicken Panini
smoked mozzarella, roasted tomato & side salad13.25
Grilled Cheese Panini *& curly fries*10.95
Turkey Club Wrap
tomato, provolone, apple smoked bacon, herb aoli & curly fries . . .12.75
Thai Chicken Wrap
vegetables, asian noodles in a honey wheat wrap & side salad13.95
Tuna Salad Wrap
chunk white meat & curly fries12.75
Chunky Chicken Salad Wrap *dijon mayo & curly fries*12.75
Roast Vegetable & Goat Cheese Wrap
spinach, portabella mushrooms & side salad11.95
Peanut Butter & Jelly Wrap *served with fresh fruit*9.95

lunch entrees

Thai Tuna Tataki
*sesame & pepper coated, rare seared tuna with jasmine rice &
sesame ginger salad*16.25
Grilled Catch of the Day
served on a roll with curly fries or on a bed of greens15.95
Tasmanian Crab Salad
baby spinach, arugala, hearts of palm, almonds & lemon citronette .16.95
Lobster Roll
classic lobster salad on a sweet roll with curly fries16.95
Mermaid Crabcakes *over mixed greens with fresh fruit*16.25

* These menu items may be served raw or not cooked to proper temperature to destroy harmful bacteria. Consuming raw or undercooked meats, shellfish or fish may increase your risk of food borne illness especially if you have certain medical conditions.